

## 2025 Camp Information

**What:** Mandatory NCA Summer Camp

**Where:** Embassy Suites Frisco (overnight camp stay)

**When:** June 2nd-5th

**Meeting Date/Time:** Front of HS at 9 AM on June 2nd

**Details:** We will exchange spirit buddy gifts/take photos and then will load the bus between 9:30-9:45.

Use the packing list in the cheer binder to pack; do not overpack, because you will be loading your stuff into your room by yourself.

We will transport the kids to the Embassy Suites Frisco on the school buses, but they will ride home with you or the parent that you requested on your form. There will not be a bus provided back home. Camp will end on the 5th around noon, so make plans to be there by this time or earlier if you want to come watch the competitions and awards. We will take team photos after camp, so make sure your child is released before taking them.

The camp schedule is attached here, so make sure you only attend at the designated times to watch your child. If there are any changes to the schedule once we arrive at camp, I will send that out in SportsYou. The only times that parents/guests can attend is on Day 2 (June 3rd) at 7 PM for evaluations, Day 3 (June 4th) to watch at the Rough Riders game and the final day for All-American Tryouts, Final Day Competitions and awards at .

**Meals:** All breakfast, lunches and dinners are provided by the camp; with the exception of the day we arrive on the 2nd. Since the camp does not start until 1:00, lunch is not provided, so please plan to bring a sack lunch that does not need to be refrigerated. They may also bring their own snacks for the evenings and breaks since the hotel food prices will be high. There are no coolers or ice chest needed, but there should be small refrigerators in each room. Note that they will not have access to these until we check in that evening.

**Other Expenses:** NCA has a spirit store where they sell cheer apparel that a lot of the kids like to purchase, so plan to send them with some extra money for that if you want. There should not be any other required expenses while there.

**Other Information:** Since this is a resort camp and a school sponsored camp, we want to make sure we keep the kids safe, so please make sure that parents, family members and friends/boyfriends/girlfriends are not trying to visit the hotel! This is not time for them to roam around or leave the hotel on their own. They MUST stay with their team and the coaches at all times when not in their rooms. There are no decorations allowed on their doors or in their rooms. Please do not allow them to bring anything of high value with them like iPads or laptops; these items are not needed. Cell phones will be taken up at night (so they can stay off of them and get some rest), and they are not allowed to have them out during the camp time. We will take them up at bed checks, so they will have time to check in with you before this. Even though this is summer, this is still a school sponsored camp, so all team members need to make sure they do not bring anything with them that will get them in trouble! This also goes for following the rules of the camp/hotel and our program while in attendance, so make smart choices. All school and cheer rules will be enforced!